

## Take our GI quiz to see if you could benefit from personalized GI support.


- Do you have food sensitivities or intolerances (dairy, soy, gluten, etc.)?
- Do you have severe intestinal discomfort or abdominal cramping?
- Do you regularly experience constipation or urgent bowel movements?
- Do you have persistent heartburn or indigestion?
- Do you have poorly formed stools?
- Do you feel bloated on a regular basis?
- Do you regularly experience uncomfortable gas?

If you answered “yes” to any of the questions above, ask your healthcare practitioner what you can do to feel better.

## Get a Fresh Start

UltraGI Replenish represents an unprecedented level of product development and research at Metagenics to deliver a unique combination of ingredients for a truly forward-thinking approach to supporting the specific needs of patients challenged by compromised gut function with digestive disorders including malabsorption.

### Key Formula Components and Benefits

- Proprietary prebiotic blend, including PreBiome 2'-FL™ to nourish beneficial microorganisms and isomalto-oligosaccharides (IMOs), to promote intestinal mucosal health and nourish beneficial microorganisms 
- Advanced, clinically tested Sustamine® L-Alanyl-L-Glutamine dipeptide designed for enhanced absorption to address intestinal malabsorption issues
- 15 g of OptiProtein™ per serving—12 g of pea/rice protein blend and 3 g of added essential amino acids to address potential increased needs due to digestive issues and malabsorption
- 20+ essential nutrients for targeted GI support, including:
  - Vitamin B<sub>12</sub> and folate forms designed to address potential malabsorption issues
  - 100% RDI of vitamin D<sub>3</sub>, the most absorbable form of vitamin D available
  - Antioxidant nutrients (e.g., vitamins C and E) to protect against oxidative stress
  - 80% RDI of zinc to support GI lining integrity
- 16 g total carbohydrates, including 7 g of fiber and 4 g of sugars
- Fat blend, including medium chain triglycerides (MCTs), flaxseed (containing omega-3), and high oleic sunflower oil
- Non-GMO, gluten-free, and soy-free to complement a modified elimination diet and help reduce digestive discomfort

→ Talk to your healthcare practitioner today about **UltraGI Replenish**.  
Learn more at [metagenics.com](http://metagenics.com)

## Take Your Gut Back to Where It All Began



UltraGI Replenish™ Medical Food Program

 **Metagenics®**

Genetic Potential Through Nutrition



# Restart the Gut with UltraGI Replenish™

UltraGI Replenish Medical Food is specially formulated to support the increased nutritional needs of patients with compromised gut function and malabsorption associated with some of the most challenging digestive disorders.

Designed to restart the gut by restoring the healthy foundation, UltraGI Replenish offers patients a targeted nutritional approach to replenish the intestinal lining and support the beneficial gastrointestinal (GI) microbiota established through early nourishment.

This advanced formula features a key prebiotic, known as 2'-fucosyllactose (2'-FL)\*, that is identical to one found in breast milk that breakthrough research suggests may be significant to promoting a healthy balance of beneficial GI microbiota.

It's a fresh start for living life to its fullest.



\*Utilizes a gas chromatography test to ensure the presence of no more than 0.04 g of lactose in a serving, while providing a key prebiotic identical to the one found in human milk. No milk protein is used in the production of the 2'-FL ingredient.

\*\*Not including indigestion.



## A healthy GI system is the body's first line of defense

Many common complaints take root in the gut. According to the National Institutes of Health, approximately 70 million people across the US suffer from some type of digestive condition,\*\* which means 1 out of every 5 people may be affected by GI disturbances.<sup>1</sup>

These challenges can develop into more severe conditions in certain individuals and greatly affect quality of life.

**NOTICE:** This product is to be used under the direct supervision of a physician or other licensed healthcare practitioner. Do not engage in any diet supplying less than 800 calories per day without medical supervision.

## Gentle nutrition for those in need

While no one can really start over, nutritional science is making it easier than ever to give you the most powerful “gut restart” possible.

➔ Talk to your healthcare practitioner today about **UltraGI Replenish**.

1. National Institutes of Health, U.S. Department of Health and Human Services. Opportunities and Challenges in Digestive Diseases Research: Recommendations of the National Commission on Digestive Diseases. Bethesda, MD: National Institutes of Health; 2009. NIH Publication 08-6514.